

Sou' Wester

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2004 cisa clinic



Their bodies weary and their heads spinning, a record enrollment of 134 of the best young sailors in North America wound up four days of intense instruction with a round of real racing at the California International Sailing Association's annual Advanced Racing Clinic. Alamitos Bay Yacht Club was been their home—mornings, afternoons and into the nights—for four days, April 3-6, as an elite staff of coaches delivered a cram course on rigging, sail trim, tactics and other fine points that win races, as well as the personal demands of an Olympic campaign. It's the most complete clinic of its kind in the country.

The sea breeze was relatively light when the tutoring turned to fun on the final day. Class winners were young even for this group, with winners ranging from 14 to 16.



Laser Radial sailors had a wealth of input from coaches Rich Feeny, Adam Deermount, Anthony Kotoun and Carisa

Blake DeBoer, 18, of Chicago, was crew for Justin Law of Newport Beach on an International 420, the advanced version of the popular club dinghy. "This is my second time [at the Clinic]," DeBoer said. "I've learned about the mindset it takes to get to the next level. I also enjoy it because people appreciate crew here.



The fleet returns to ABYC for a lunch break.

[They understand that] your crew can make or break you."

The students came from 14 states and British Columbia. Nearly a third were girls. Laser Radial sailor Sara Fox, 16, of Cumberland, Maine, didn't know a time when females weren't accepted as equal participants in the sport.

She said there may be some teasing, "but there are a lot of girls out there that are tough enough. The top two competitors in the Radials were girls: Allie [Blecher, 16, of Fullerton] and Tinja [Anderson-Mitterling], 17, of Coronado]."

Fox is looking forward to the start of Maine's sailing season—in June.

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A Laser Radial student roll tacks for coach Carisa Harris.

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save the date

Opening Day	May 1
Special Membership Meeting	May 21
Memorial Day Regatta	May 29 - 30
Membership Meeting	June 18
Junior Program Begins	June 22
4th of July Regatta	July 3
Catalina Cruise	July 30 - Aug 1

commodore's comments



Membership! Membership! Membership! Yes that is the fundamental key to any organization like ABYC. In March, the board waved the transfer fee on the next 20 memberships, a 50% reduction in the initial cost of membership. So, now is the time to tell those friends of yours, who have been on the fence, to get on down to the club and get their application in. This is a limited time offer and it will not last long so don't wait.

On Friday night May 21, 2004, please come down for a special meeting to discuss the building improvement project. It has been many months in development and now is the time to discuss the various elements of the proposed project. The board will have on display the current conceptual drawings and we will present the data we have gathered over the last 18 months. This is not a general membership meeting so we do not intend to use that format. Dinner will be served and the bar will be open. If you are concerned about the rumors you've heard or would like to learn more please come down and share your thoughts.

Fair winds and calm seas,

Kevin Ellis

vice commodore's notes



A hoppin' good time was had by the 250 members with families and friends who celebrated Easter Sunday at ABYC. The event wouldn't have happened without Co-chairs

Sue and Bill McDannel's imagination, dedication, organization and diligence. From table decorations to kids' bags to the Easter Bunny to the Ramos Fizz recipe, they didn't miss a detail nor skip a beat. Rear Commodore Nicole Peoples-Moffett along with Social Advisory Chair, Stacy Conn, and loyal, hard-working crew of Diane Bateman, Barbara Angus and Elaine Wood are owed many thanks for planning, decorating and assisting in every way from start to finish.

Thank you, Chris Erickson and Debbie Valerio who greeted, seated and heeded members and guests' needs. A very special mention of appreciation to Stephanie Munn who dressed and posed as our 2004 Easter Bunny!

Staff Commodore Steve Moffett and members Rick and Cheryl Rajewski were instrumental in helping with set-up, re-set and preparing the room for more diners...thanks for your help!!

And, once again, Theresa Laird and staff came through with room set-up, menu planning and execution, guest check-in, as well as support, clean-up and overall attention to guests' requests and libations.

You see, it doesn't 'take a village'...just a special core of ABYC people with the interest, enthusiasm, time and pleasure in envisioning and executing another successful and fun event at ABYC. Many thanks to all who care.

*See you at the club,
Ron Wood*



manager's corner



Spring has arrived and with it we have completed another great spruce up at the club. May ushers in another Opening Day and a new season of fresh challenges and assorted opportunities to shine as a world-class sailing club. Over the winter months we learned how to focus our staff and adopt new strategies to assure that year in, year out, we can provide a stable and healthy club to many new generations of ABYC sailors. With our reduction in staff one thing we cannot do, is lose sight of our customer focus. To be truly successful we must not only meet your expectations; we must exceed those expectations. If we do, we all win.

If you have not done so recently please stop by our Friday night Happy Hour here at the club. The crowd is steadily growing and many have commented that they are impressed by Jesus and his beautiful set up. Even on Friday nights, a night in which many more eclectic bars are open, many ABYC members opt for the after-work tavern here at the club, stopping by for the better-than-you'd-expect appetizers, war stories, music and – of course – a small amount of alcohol.

I would like to extend my thanks to everyone who has helped make my first six months a productive one. I wish all our readers a happy spring and a warm and delightful summer.

Theresa

spring spruce up

I can't tell if Saturday, April 17, was Spring Spruce-up day or spruce spring-up? At any rate, who would have predicted that this late in the spring it would be cold, windy, and rain? I guess it was because we had rescheduled the rain delayed yard slurry for the following Monday. The rain and wind caused us to juggle some priorities for outside projects, mainly painting the ramp and hoist platforms, but that did not slow us down. We still accomplished most of what was planned to be done from the job jar.

Carol Kofahl's trophy polishing crew benefited the most from the rain. Nobody in that group complained that they wanted to go outside! Besides doing a marvelous job of polishing and dusting trophies, all the windows on the second deck and the quarterdeck were washed and the silk plants dusted.

Dave Myers and the painters accomplished as much as they could under the circumstances. The cabinets in the quarterdeck now sparkle, and the iron gate to the quarterdeck restrooms has a fresh paint job.

John Massey's group polished (including new duct tape) Sidney T and Outrage getting them ready for photo ops at the Congressional Cup. The twenty-one footers were loaned to LBYC for use by the on-the-water umpires.

George Caddle and his usual suspects were able to give the Patience a thorough sweep down, err wash down. Using ingenuity, they not only scrubbed and cleaned Patience, but also were able to get a coat of paint on the race management spars.

Tick Weber and his helpers were able to accomplish the planting and trimming around the outside of the clubhouse. Their effort will really help dress up the old place for Opening Day.

It is amazing what Larry Kidd and the carpenters accomplished in the rain without electrocuting themselves. They rebuilt the floating dock so boats can side tie without fear of drifting away, dock and all! In addition, both of the hoist's platforms were shored-up to make them safer for walking.

Ron Wood and yard ogre, Lokke Patrick, took advantage of the day to get ready to move boats for the slurry project. Tires were pumped up, loose items picked up off the deck, and the Lasers in the racks were moved to the lawn behind the clubhouse. They also did a major repair on one of the gates leading to the beach.

Finally, the next time you are at the club take a good look at the flagpole. Bob Bishop, using a borrowed lathe, turned new pins and refinished the rosewood base. The job he did is really first class! In addition the club officer's signs were varnished and look great.

Thanks again to all who participated,
John Merchant

membership

The Board of Directors at the April 15th meeting approved Mike Pentecost for regular membership and Jim Barber to be posted for regular membership.

Don't forget the Board has waved the transfer fee of \$500.00 for those wishing to become regular members. Tell your friends who may be thinking of joining our great club, "Now is the time to enter, but hurry. This is a limited offer."

hails from the fleets



This column should be rimmed in black for "all our tomorrows"

will be missing three great men and sailors: Roscoe Butcher, Carl Reynolds, and Rich Kempster. The unexpected news came the day designated to say goodbye to Roscoe. All three did so much for the Club. Roscoe was involved in all the fleets, the Christmas floats, and the youth program. Carl was on the Adopt-A-Beach Committee, the rack and dolly construction projects, and many race committees. Roscoe and Carl were both Sabot Fleet Captains. Rich served on the ABYC Board, assisted with his whaler in many regattas, and chaired other ABYC events. Shoot off the canons, pipe the colors, and lower the flags. These men deserve it!

Before the above overwhelmed us, the fleet started its Championship Race Series that runs from March through June. The turnout for both A and B Fleets was as good as it gets:

A's: Jennifer Kuritz, Marilyn McMahon, Lee Berlinger, Mack Mills, Jane McNaboe, Sarah McNaboe, Bob Ware, Fred Stevens, Mary Riddick, and Dianne Gonzales.

B's: Wendy Siegal, Bernice Weiss, Judy Mathais, Scott and Kimberly Atwood, Brian and Hayley Brown, and Mike Gass. Scott and Brian were the only ones who elected to sail with crews. Kimberly and Hayley are going to be great sailors when they get a little bigger. Fleet Captain, Adra Kober, handed out the first day's trophies:

- A Fleet: 1) Fred Stevens
2) Bob Ware
3) Sarah McNaboe
- B Fleet: 1) Wendy Siegal
2) Bernice Weiss

Kudos to our Race Committee: Isabelle Lounsberry and Marc Schryer. They were both considerate and challenging to racers. Tick Weber and Joe Riddick in the whaler were expert at trouble shooting and following the races. They all got the series off to a good start, and best of all, they may return if needed.

This is one of the most competitive years we've seen. We have three races to go. Come join in or be a spectator. The rest of the dates are April 25th, (unless they're still fixing the parking lot, in which case, the races will have to be extended to July), May 16th, and June 20th.

At our fleet meeting, Mack Mills brought up the following items: When sailing in Club Regattas, sabots must follow the rule of 720 degree penalty turns, but in Fleet events 350 degrees are all that's expected. He also had noticed new fittings on the booms of some junior sabot boats that were potentially very dangerous. He is going to investigate and report back.

Following a suggestion from Duncan Harrison, Joe Riddick came up with a new system of scoring that guarantees the B Fleet's races will count for them if they come up short on registration. It's simply a matter of starting both fleets together and giving the B's credit for

every "A" they pass. George Caddle will keep track of all this.

Bob Ware, the current Fleet Champion, has designated Jane McNaboe and any other Ellis she cares to designate as competitors for the Club Championship to be raced on Opening Day in F J's or other two-manned ringhy dinghys.

Peter Gales has been prevailed upon to again display his gorgeous wooden Sabot on the same day.

There is a possibility that Hank Scofield may be talked into giving us coaching or sailing lessons. Stay tuned.

Barbara Gabriel



Spring Cruise at Balboa Yacht Club - another great event thanks to Dennis

Kasper, our cruise co-chair. Cocktails, hors d'oeuvres and tall tales were the order of the day followed by dinner. A terrific party was enjoyed by all the participating Keel Boaters.

The May meeting will have several events of interest to all members. Under the 'historic' photographs will be several clipboards to sign up for the following:

1. All boats and crew for the August cruise chaired by Bard Heavens;
2. All 4 wheel yachts and crew for the August cruise;
3. 2005 Holland cruise;
4. A combination of lunch or dinner at ABYC with a trip to Rancho Los Alamitos.
5. Select a date for our June picnic pinewood model boat regatta. The original dates are fouled up.

We (the appropriate chairs) will be giving more details on the above at the May meeting. Also, at the May meeting we will have an excellent speaker, Pamela Seager, from the Rancho Los Alamitos Foundation. Rancho Los Alamitos is one of the jewels of Long Beach. It is being constantly upgraded and restored. If you have never been to the Rancho, you are in for a rare treat. For those who have been, you will be pleased by the care and conservation that the foundation provides. The old Rancho barns and gardens are outstanding and comprise 7.5 acres.

The May meeting is **May 14**. Last month's 'Keel Boat Fleet on Watch' erroneously reported May 7 - another senior moment! We will have our usual cocktails at 1800, pot-luck dinner at 1900 with the meeting immediately following.

Please support the great activities that the various chairs are working hard to provide.

John and George

Sou'Wester DEADLINE

Friday, May 14, 2004 is the deadline for the June Sou'Wester.

hails from the fleets



It's a little hard to talk about the Etchells fleet this month, as there is uncertainty as to what may occur between the SOU'WESTER deadline and the first of May. Our Fleet Championship Series was scheduled to start on Sunday, April 25, and the resealing of the boatyard was scheduled to be done in time; only time will tell if that occurred.

There hasn't been any organized racing for the Etchells fleet since the last time we reported. It's been a time for the fleet to get boats cleaned, polished, re-rigged and in general ready for the summer. There is a lot of talk about having Etchells participation in the Thursday-night Pop Top Series at Seal Beach Yacht Club this summer; tune in next month to see if that happens.

If the Fleet Championship Series didn't start last month, it'll surely be running in May. Two dates are set this month, a one-day fleet regatta on Saturday, May 15, and the first day of the ABYC Memorial Day Regatta set for May 29-30. Check in your next SOU'WESTER for more details on these events.

Chris Ericksen

cisa clinic

...continued from page 1

Instructors were Andrew Lewis, Brett Davis and Nick Adamson, Laser; Carisa Harris-Adamson, Adam Deermount, Rich Feeny and Anthony Kotoun, Laser Radial; Mikee Anderson, Peter Alarie, Rob Hallawell, Jamie Malm and Rob Dean, Club 420; Brian Doyle and Zach Leonard, International 420; Jay Kehoe and Billy Uniack, CFJ; and Dalton Bergan and Ted White, 29er.

Two-time Olympic medallist Charlie McKee and former world Aussie 18 and 5-0-5 champion Howie Hamlin were evening speakers.

"The speakers were fantastic," said Feeny, a coach from San Francisco.

But the kids also would be kids. Feeny related that when Hamlin noted, "I won the Aussie 18's when I was 47 years old," a student whispered to a friend, "That's so old!"

And when Hamlin, still a top contender in world-class competition, added, "Now I'm 52," the same student said, "That's REALLY old!"

Coaches who had worked previous CISA Clinics noted how the skill level had jumped.

"The kids that are doing the top youth events are training like professionals now," Leonard said. "Most of them are self-motivated."



Coach Brett Davis stays on top of the Laser class.



Every morning was rush hour at the launching ramp

All the coaches emphasized the importance of the latter trait. Anderson of San Diego is a four-time CISA student who was in his second year of coaching after finishing second in the recent U.S. Olympic Trials for the 470 class.

"Most of them will go home and train really hard," Anderson said. "This is to kick off their spring and summer...get back in the boat and the game when they get back home and work on getting better."

CISA supports amateur sailors by providing travel grants for regional, national and international competition and funds local sailing programs and racing clinics.

Unlike other nations, the U.S. has no federally supported assistance programs for its amateur sportsmen or for the development of young talent. CISA, a 501(c)3 organization, relies on contri-

butions of corporations and individuals to provide support of amateur sailors. Because it is non-profit and tax-exempt, all contributions are tax deductible.

Rich Roberts article & photo



2004 Santana 20 Class Championships
August 12 – 15, 2004

scuttlebutt

The month of March has been very sad to Alamitos Bay Yacht Club. We have three men who have passed away during this time.

Roscoe Butcher left us on March 1, he had been very ill for months.

Rich Kempster passed away on March 29. In the last years of his life, he came full circle. Diagnosed with polio at the age of three, Richard spent much of his childhood at Long Beach's Tichenor Orthopedic Clinic for Children. In 2002, the Seal Beach resident returned to the clinic, not as a patient, but as secretary of the board of directors. He was very glad to have come full circle, to have been a patient at the clinic, then become a board member said Richard's wife, Carol Llewellyn. For its part, the clinic was glad to have him. He helped the clinic secure a grant for a new wheel chair accessible van, instituted a swimming program for children with disabilities and started an adaptive technology program to enhance patients' communication skills. Richard died of natural causes. He was 57. Richard is survived by his wife, Carol, two daughters, two grandchildren, his mother, Patricia and a brother, Stephen. A Memorial service was held on April 8 at the Club. In lieu of flowers, the family asks that Memorial donations be made to the Tichenor Orthopedic Clinic for children in Long Beach.

Carl Reynolds passed away on March 31 during surgery.

We will miss these men and we send our sympathies to their families.

Jeanne Nelson

olympic classes regatta

None of the racers sailing the three-day 2004 Olympic Classes Regatta at Alamitos Bay Yacht Club this weekend have a right to complain about the weather: it was different every day.

Sunday's races were sailed in the finest weather Southern California can offer in the early spring: bright sunshine and moderate breezes made for a day of no mishaps among the four classes racing on the Olympic-style course set off the Seal Beach Pier in the waters of San Pedro Bay. It was a pleasant change from the blustery conditions of Friday that decimated the Finn class and the shifty conditions of Saturday that challenged both racers and race committee.

Andrew Lewis of Waikiki dominated the 35-boat Laser class from start to finish. The Hawaiian sailor ended the week with wins in all but two races, and the score for one of them was discarded under the scoring rules; his eleven-point total was a third of the total rung up by the second-place finisher, Canadian John Romanko. Hometown sailor Chuck Tripp rode a second-place finish in the first race of the day into third place, one point ahead of the next finisher.

Jennifer Spalding continued her leadership in the Europe dinghy class. Her third-place finish in the penultimate race of the regatta was the worst finish she carded all week, but it was also her last race: her record of seven first-place finishes and one second allowed her to sit out the final race of the regatta and still end up the winner. Tanja Smutny and Brooke Campbell finished second and third overall, respectively, to conclude a sweep in the seven-boat class by Canadian women.

Geoffrey Beck of Canada took his place on the medal stand as winner of the 12-boat Laser Radial class. The fight for the silver medal went down to the wire as Canadian Kevin Grierson and Southern Californian Jake Sorosky went into the last day tied on points; Grierson touched out Sorosky by a single point after ten races.

The weekend was not friendly for the Finn class: five entered and three started racing on Friday, but each day saw one of the three drop out until only Robert Carlen was left. He sailed the course in two races Sunday and then dropped out himself in first place overall. Jeff Case raced two days and ended up in second place while Glenn Selvin, who raced one day before his boat nearly sunk, ended up in third place of the scored but unmedalled fleet.

Final standings: EUROPE (7 boats): Jennifer Spalding, CAN, 12 points; Tanja Smutny, CAN, 18; Brooke Campbell, CAN, 28. FINN (5): Robert Carlen, USA, 713; Jeff Case, USA, 21; Glenn Selvin, USA, 37. LASER (35): Andrew Lewis, USA, 6; John Romanko, CAN, 17; Karl Campbell, CAN, 30. LASER RADIAL (12): Geoffrey Beck, CAN, 15; Kevin Grierson, CAN, 24; Jake Sorosky, USA, 25.

Chris Ericksen



charity regatta 2004

This year's Charity Regatta celebrates the 18th year the Yacht Clubs of Long Beach have sponsored this benefit to support The Children's Clinic. The founding commodores idea was to provide venues for the sailboat and power boat members of their clubs to support a community service event doing what they loved to do, race. The commodore of ABYC who felt it was important to encourage all ages and levels of participants make this contribution to the community was Tom Ramsey.

Tom along with six other commodores hoped the members of each club would get behind the regatta and make it an annual program to help the children served by the clinic. Eighteen years later there are still children who need our help.

The next event leading up to the Sunday, September 26th Regatta is the Marine and Other Things Swap Meet at Seal Beach Yacht Club. Each booth fee is a donation to The Children's Clinic. For information call: Lynn Woolrage, 562/498-8016. While you're shopping or selling you can enjoy the Pancake Breakfast served that morning by Navy Yacht Club Long Beach, the proceeds from the breakfast also support The Children's Clinic and are a part of Charity Regatta happenings.

The next happening will be August 21 at Recreation Park South - the Cerritos Bahia Golf Tournament and then to their Club for lunch, trophies and great prize drawings and fun. Golfers - support this it's a great way to help The Children's Clinic too!

Save Sunday, September 26th for the Regatta - venues for all sizes and classes of sailboats. After you get your boats put away come to ABYC for the Burger Bash, Trophies, Silent Auction and Prize Drawings. Help keep the children that are patients of The Clinic healthy and happy.

Norma Clapp, ABYC Representative

adopt-a-beach

Larry Kidd could hardly get them signed in fast enough. It was one of the biggest turnouts of the year for the beach clean up. All the Weisses were there: Bernice, Alaine, and John, Tom Newton came with his daughter, Laura, and Scott Atwood brought Kimberly who has grown up on the beach clean-ups. C.J. Crockett brought Justen and Austen who also are dune babies. Kate Bishop was their getting Girl Scout points along with brother, Peter. Marilyn McMahon, Yvonne Lindermann, Mary Riddick, Pat Marr, Dick George, Kathy and Savannah Robinson, Brian Solis, Lillian and Katherine Babcock, Kelly and Merle Asper, and Tim Carter made it a wonderful Spring Cleaning. This makes a wonderful family outing. Although Bernice won't be watching John and Alaine get any bigger, C. J., Tom and Scott can watch the kids grow into larger Beachcomber T-shirts.

I'm just sorry to have missed the picture op. But I'll be there next time. (July 17th) So come back and bring all those photogenic kids.

The Adopt-A- Beach Committee has lost one of its founding fathers in Carl Reynolds as you have read elsewhere in this paper. We are deeply saddened by this unexpected loss, and our hearts go out to our other committee member, Carol Reynolds.

Barbara Gabriel

on the horizon



ABYC SUMMER CRUISE 2004

July 30th - August 1st

Save this weekend

Come on over and enjoy the fun

See you at the island

Full moon provided at no extra cost

\$40.00 per person

(Full details next month)





Alamitos Bay Yacht Club

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Long Beach, California 90803

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Alamitos Bay Beach Preservation Group presents
The Peninsula's 2004

Summer Concert Series

May 30

Put on your dancing shoes for
Bad Boys

June 13

"Hang Ten" with
The Elm Street Band

July 11

Rock n Roll Favorites
King Salmon

July 25

Fusion "world" music

August 8

Swing with
The Windmills

August 22

Classic Rock-n-Roll and Surf Tunes
The Ho Dads

September 12

A band for all reasons
Gregg Young & The 2nd Street Band



Anonymous dinghy skipper making poorly timed beach landing at 2003 STAG cruise - Emerald Bay, California

All concerts are on Sunday from 5:30 – 7:30 p.m. @ the 72nd Place Park next to ABYC

2004 OFFICERS & DIRECTORS

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Vice Commodore	Ron Wood	Judge Advocate	Tom Ramsey
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