



## memorial day regatta 2008

*Rich Roberts photos  
underthesunphotos.com  
Photo boat captain , Marc Hinkerson*

### Sailing savvy pays off in ABYC's Memorial Day racing

Alamitos Bay Yacht Club's annual Memorial Day Regatta for small boats was more of a weekend for brains than brawn, so senior sailing savvy came to the top.

Among 139 boats in 19 classes, Howard Hamlin and crew Andy Zinn showed their smarts in the 505 class by winning the last four of seven races, including a trifecta sweep Sunday, to come from behind against Nick Adamson of Santa Cruz and crew Steve Boudrow.

Hamlin, an ABYC member who lives just up the street, has been sailing one of the 16-foot, 7-inch-long 505s and other high-performance skiffs for most of his 50 years, logging one championship and seven seconds in 25 world championships—although he gave most of the credit to his latest crew, Andy Zinn, for this success. The wind fluked around from 5 to 8 knots both Saturday and Sunday, and Hamlin said, "Andy's the light-air master. I'm less than half the team."

Zinn agreed that tactics—anticipating and playing the wind shifts and avoiding dead spots on the course—was key, although "being fast doesn't hurt, either. But the wind was a little steadier today."



*Howard Hamlin (l.) and crew Andy Zinn won the 505 class*



*Young Sabot sailors follow the leader*

Stu Robertson, an ABYC member who lives in Orange County, was another veteran who came with game, although he is better known for winning four Lido 14 class championships over three decades. Although he hasn't given up the Lido, this time he sailed a Thistle which he has named "Notorious," a wicked reflection, he noted with a smile, of his often stormy Lido career.

It's three feet longer than a Lido and he started sailing it just this year but, with daughter Erin and Witt Batchelor as crew, he dominated the small fleet in winning five of seven races to win going away.

"We've had a lot of fun with this boat," Robertson said. "It's a lot of fun to sail. It's a lake boat, but it's a boat of passion. You see one and you want one."

One of the most competitive classes was the Finns, sprinkled with 10 veterans from ABYC, Newport Harbor YC and else-

where. ABYC's Steve Landeau didn't win a race but scored no finish worse than fifth to hold off Andrew Kern, who won the last race.

*...continued page 10*

### inside

Commodore's Comments .....	2
Vice Commodore's View .....	2
Fleet Captain's Log .....	4
Pages of History .....	4-5
Junior Sailing .....	6-7
Membership .....	9
Men's Day .....	11
New Sabot Racks .....	12-13
Hails from the Fleets .....	14-15

### save the date

4th of July Regatta .....	July 5
Cal 20 Nationals .....	July 11-13
Club ABYC - Flight 6875 .....	July 25
Multi-Hull Regatta .....	July 26-27
Catalina Cruise .....	August 1-3
Laser Nationals .....	August 8-11
Mercury Nationals .....	August 23-24
Club ABYC - Flight 6875 .....	August 29
Labor Day Regatta .....	August 30-31

# commodore's comments



I forget who it was that coined the phrase that "ABYC is the place to be". Seems we even had a shirt that said that at one time... I think my wife still has hers... nice shirt!

And indeed, with some of the best real estate on the planet, ABYC is indeed the place to be for spending summer afternoons or a weeknight evening. Ok, fine, its not Tuscany or Cape Cod, but our club is a great place to hang out and relax.

Why do I bring this up, you ask? Because I'd like to remind our members of our Twilight Dinners! After all, they're not just for the mid week racers. We've been serving some great food at some very reasonable prices, with a view over the bay that just can't be beat. So if it's too hot to cook at home, consider coming down to the Club on a Wednesday or a Thursday evening to watch the sunset and have dinner with some friends.

Now, as you're sitting on the patio having dinner, ask yourself if there's somebody you know that is having a wedding or some sort of a social function. A part of ABYC's revenue is our banquet business, and that part of our revenue stream has been a bit off. Know somebody that is having a function for which they need a facility? How about suggesting our place? Great view, homey atmosphere, great catering by Kelly, and all at a reasonable price. They'll enjoy their experience, and you'll look like a hero to your friends and family for suggesting ABYC as their banquet facility!

Out on the water? Plenty of regattas and national championships coming up as this busy season picks up speed. Lots of beautiful days to just go out for a sail with your friends, and beautiful evenings for midweek sailing of Pop Tops, Wet Wednesdays, and our own Twilight Sabot and Lido racing.

Its summer! Come down for a dinner during the week, come on down for a Happy Hour on a Friday night and sail your radio control boat, or sign up to volunteer in or race in the next regatta. Do less yard work, work around the house just a little bit less, and by all means, spend less time at the office! Come on down to your yacht club, and enjoy!

See you at the Club

*Glenn*

# vice commodore's view



It is July and it is hot! Come down to the Club to cool off and enjoy the water, you deserve it.

## **House and Grounds:**

The quarterdeck men's bathroom got a small face-lift thanks to Kelly Whitlow and the crew of Rick and Adam. New drywall, sinks, counter, and paint make a big difference. Relatively inexpensive, but go a long way in appearance.

Kelly Whitlow is working with the city to make some repairs on the docks. There is always something on the dock that needs renovation. It is something like maintaining a boat.

The ladder and platform around the hoist is being rebuilt. Kelly Whitlow hired some professionals to make it happen quickly and efficiently.

## **Yard Czar Committee:**

We are busy filling the new spots created by the sabot racks. There are new 20 foot spaces that will be getting striped and entirely filled in the near future. By the way, could you make sure your information in the roster is correct? As I have been calling people that are on the waiting list, I am discovering that many people's phone numbers are disconnected or have changed! So they have been on the waiting list for 2 or more years and it is very difficult to contact them and give them a spot because their information is incorrect.

Unused boats in the yard continue to be a problem. Most people have a hard time getting rid of something that was once very important in their lives. Once it has dropped off the radar screen, out of sight is out of mind. It is natural to not want to close that chapter, but on the other hand, it is an expensive proposition to keep a boat that is not being used. It is also hard to maintain a boat (your investment) if you have not seen it for a long time. If you are one of these people, I would be glad to assist you in any way possible.

## **Long Beach Race Week:**

By the time you read this, Long Beach Race week will have occurred. Jim Bateman, Mark Townsend and many others put in a lot of effort. I hope you got the chance to participate. It looks like this will be the best one ever. The party at ABYC is going to be especially "off the hook".

## **Junior Program:**

The Junior Program had their big kick off. It went very well. I am super impressed with our friends that are running it. Jeff Merrill, Jon Robinson, Marc Schryer and many others put in a lot of effort and it shows. Brad Schaupeter is a true professional and he goes over the top in getting our kids going and excelling. We can honestly say that our Junior Program is one of the best if not the best in the area.

# more vice commodore

We have kids going through our program that will be some of the best sailors in the world. They are learning great life lessons that will pay off handsomely in many different ways in other aspects of their lives. This is something we can all be proud of. Please thank our friends for putting in a great effort and making it happen.

## 4<sup>th</sup> of July Regatta:

4<sup>th</sup> of July regatta is coming up! The Juniors and their parents are running this event. The Juniors will be doing all of the various jobs which give them the appreciation and experience of running a regatta. If it works out right, they will know how to do it and know the fun that comes with it. Brad and Sidney Bolger are acting as the regatta chairs.

Remember this is an ABYC family event. Reverse starts with a finish in front of the club. Fun, fun, fun! This just in: We have added music to our dinner! You will enjoy Kelly Fitzgerald <http://www.kellyfitzgerald.net/>

## Laser nationals:

Laser Nationals are coming up! It is going to be a big one and once again the Nation's eyes will be focused on ABYC. Steve Smith, Chuck Tripp, Vann Wilson, and Mark Townsend are making it great. I am the board liaison and these guys are taking the bull by the horns. If you would like to be involved, contact me or one of the above mentioned people, we will be glad to get you something fun to do.

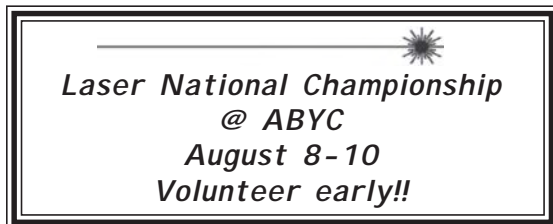
## Finally:

I keep saying this: The Club is growing and is vibrant. We are excelling in just about every area and it shows. Keep your eye on ABYC! If you have a particular talent and you see an area you can help, contact me or one of the board members and we will facilitate your volunteerism! It is all about the members and their particular talents added to the Club to make it better.

See you around the Club.

Go ABYC!

Merle



## Sou'Wester DEADLINE

July 19, 2008 is the deadline for the August Sou'Wester.

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# fleet captain's log



One of the “fun” projects I have been involved with over the past several months is coordinating our volunteer team to conceive and assemble our sabot racks. There are too many people to thank individually, but I would like to highlight a few who have been on the project since the beginning: Jon Robinson, John Massey, Bob Chubb, Latham Bell, Doug Jorgensen, Jennifer Kuritz, Tom Newton and Brad Schaupter. We had a tremendous turn out for our work weekend – take a look at the photo page in this issue and check out the action.

Our work-boat fleet is in desperate need of a new whaler – 13’? 15’? 17’? This is impacting the junior program and we are in a budget squeeze so please keep your eyes peeled for a deal, we need to do something soon.

Chris Ericksen has stepped up (again, and never quietly) to head our online registration committee. Most everyone seems to be in agreement that this will provide a huge help to regatta organizers and make entries easier for participants. If you have any ideas or input please let Chris know your thoughts.

As a member of our Board of Directors I have a couple of fun assignments coming up next month. The first is the Catalina Cruise – Mary Montz is chair person and we are going with more of a family theme this year, Aug 1, 2, 3 – it will be fun, please make your reservations and join us!

Also in August ABYC hosts the Mercury Nationals – August 22, 23, 24. Eric Conn is the regatta chairman and we are expecting a good turnout for this “ancient” class of keel boats. Come down and check them out, they are very cool.

See you on the waterfront!

*Jeff Merrill, Fleet Captain - mobile phone: 949.355.4950*

## from the pages of history

With all the activities at the yacht club, it’s nice to read in the SOU’WESTER about racing; it is, after all, what most of us came to ABYC to do. It’s nice, too, to read names from the pages of history that we know today.

THIRTY YEARS AGO:

The weekend of June 17-18, 1978, was a busy one on the racing circuit, according to the July, 1978, SOU’WESTER, and ABYC members did well. Dave Crockett, sailing with wife Sue and father-in-law Sid Exley, won the Cal 20 Fleet One Championship Regatta at ABYC; in five races they scored no better than third, but that was enough to touch out the second place boat by 1-3/4 points (remember in those days the winner got a quarter-point bonus for finishing first in a race). That same weekend, Eric Conn earned the title of ABYC Snipe Fleet Champion on the strength of his second-place finish at the Snipe District Six Championship Regatta, sailed along with the abovementioned Cal 20 event; ABYC Independent Junior John Shadden finished in ninth place, thereby winning the District Six Junior Championship. And Peter Gales, with Rowell Greene as crew, won the combined IYRU-Coronado Summer Small Boat Regatta in San Diego with a 1-2-1-3-1 tally.

There were two general-information pieces for the membership of some importance. Austin Ford, the Junior Program Coordinator, took the opening of the Summer Program and the coming busy summer season as an occasion to remind ABYC members with children of some rules that needed to be observed. He reminded everyone that the “Club has no one to act as a life guard or baby sitter” and said that children “should not be left at the Club without adult supervision”—and that the only authorized supervisors were their parents. Vice Commodore Dave Crockett reported that “the regular membership of ABYC is full”—no memberships were available and a waiting list had been established.

The Couples’ Cruise was on tap for the Isthmus; lodging at the Harbor View Inn was \$12.50 per person per night, and the steak dinner on Saturday night was to be \$7.50 per person...the July General Membership Meeting was to feature the film, “Hot Yachts, Cold Water,” which included Lasers on San Francisco Bay, Six Meter match racing and a knockdown in RAGTIME and was produced by noted sports-film maker Warren Miller (coincidentally, his son, Kurt, is a member of ABYC)...a new Interim Member of ABYC—now called a Yachting Member—was a former family junior who sailed a Cal 20 and a Naples Sabot and attended college in Arizona: Robin Lounsberry...

TWENTY YEARS AGO:

The Eighties were high times for ABYC Men’s Day, judging from coverage of the 1988 event: it took up the cover and three inside pages of the July, 1988, SOU’WESTER. In those days each Men’s Day had a topical theme that was echoed in the costumes of the volunteers, the names of the weight divisions and even the dinner and entertainment that closed out the day. The entertainment consisted of an after-dinner skit in keeping with the theme of the event. And featured in the skit was the appearance of the “Lady of the Bay;” by tradition, it was the current Vice Commodore dressed in drag.

The theme for 1988, as befitting a Presidential-election year, was that of a political convention. The weight divisions were, in descending order of weight, Congressmen, Senators, Vice Presidents and Presidents; each had colored ribbons. Mark Townsend won the heavyweight Congressmen division, topping Sid Exley and winning the Men’s Day Perpetual Trophy; Ron Fox was second in the Senators division behind Don Barrus; Clif Mathias was top in the Vice

...continued next page

Presidents, beating Lee Berlinger; and Kevin Dumain was the fastest in the lightweight Presidents division—pun absolutely intended—ahead of Nick Scandone from Balboa Yacht Club.

The program of the night featured a convention, called to order by chairman Margaret Caddle and featuring a keynote speech by “Abraham Adlai Truman Dwight Kennedy Ford Calvin Theodore Lincoln,” portrayed by a stovepipe-hatted and chin-bearded Judy Mathias. Other performers included Ann Hill as “Marvin Mugwump” and Mike McMahon as “Miss Liberty Bell’ Michelle;” the latter took an active part in the trophy presentation, bestowing her favors upon the winners as well as trophies.

Other awards were presented, including the S-O-S Award to the first to be rescued; it went to Don Reiman. And CBYC member Don Zinn—now an ABYC member as well—received the Most Patriotic Award: his Sabot, sail and clothing were all in red, white and blue.

An announcement of the Second Annual Charity Regatta, hosted by The Yacht Clubs of Long Beach to benefit The Children’s Clinic, reported that the Southern California Prindle fleet had included the regatta in their Race Week; they would be sailing on a course run by Shoreline Yacht Club...the 1988 Memorial Day Regatta was lovely on Saturday—but it blew thirty knots on Sunday, causing the regatta to be shortened; among the winners were Dan and Norma Clapp in “Whoosh,” their Capri 25, in the PHRF division...Don Barrus won the “A” division and Chris Ericksen the “B” division in the Lido 14 Fleet Championship; Stan Miller was on hand to present the “A” perpetual trophy that bears his name while Dale Berkiheiser did the same for the “B” fleet perpetual, which is named in his honor.

#### TEN YEARS AGO:

Racing was the big news in the SOU’WESTER of June, 1998. Incoming Lido Fleet Captain Maggie Waterman reported that Fred and Freddy Stevens won the “A” division of the Lido 14 Fleet Six Championship on June 6 while Jon Bell with crew Michael “Bubba” Oliver won in the “B’s”; Maggie called the B-fleet perpetual “elusive” as it apparently had gone missing. The very same weekend ABYC hosted the Snipe District Six Championships; 26 boats sailed two days off the Seal Beach Pier. The top five places went to out-of-towners, with Chris Snow and Yumi Durnberg of Mission Bay Yacht Club topping George Szabo and John Carroll of San Diego Yacht Club; Chuck Tripp and Stacy Dumain were in sixth place, the top ABYC finishers.

The ABYC Etchells fleet was evidently going great guns. Jerry Montgomery, sailing with Bob Anderson and Grant Hill, won the ABYC Memorial Day Regatta but lay in second place in the Fleet Championship Series, one point behind Steve Moffett; Tim Carter and Chris Ericksen held in third place in the standings with eight boats participating. The fleet was lining up to hit the road, first by sea up to Los Angeles Yacht Club to race in their Invitational Regatta in mid-July and later by land down to San Diego Yacht Club for the local Etchells fleet race in August.

ABYC’s Adopt-A-Beach program was in its early days in 1998, and the learning curve was straight up. “We learned a lot,” the program reporter said: “some areas take more time and effort.” T-shirts were available for the volunteers, done by Cathy Black; she was also a member of the Adopt-A-Beach Committee, along with Pat Bixby, Kay Cook, Barbara Gabriel, Carol Reynolds and Alaine and John Weiss.

Mara Bell, ABYC’s Junior Rear Commodore, reported on some upcoming junior events; these included both the “famous Dutch Shoe Marathon” in San Diego, a race from San Diego Yacht Club to Coronado Yacht Club, and the Beach-to-Bay race from downtown Long Beach to Alamitos Bay...Cal 20 fleet reporter Glenn Selvin reported that Chuck Clay had won the Southern California Cal 20 Championships at Cabrillo Beach Yacht Club but that Rigor Mortis had been damaged in a collision during the Seal Beach Yacht Club Pop Top Series one Thursday night...there were ads in the SOU’WESTER, too, touting realtor services, real-estate loans and canvas repair; one, however, offered a four-bedroom, two-bath family home three doors down from the Kaneohe Yacht Club.

*Chris Ericksen, Club Historian*

## mercury messenger



The Mercury was designed in 1939 for home-builders who wanted a competitive racing boat that was tough enough to sail on the San Francisco Bay. The result was a durable 18 foot keel boat that evolved to fiberglass and remains an active class. The class will be holding their National Championship at ABYC this August. Boats and crews will arrive and check in on the 21st with racing and social activities planned for the 22nd and 23rd. Sunday the 24th is saved for a very unlikely makeup day. Mark Townsend has signed on as the PRO and a few more volunteers are needed. This class is unique because their bylaws stipulate that the regatta will consist of 5 races of at least 90 minutes each. Even after 90 minutes of racing the competition can be very close. Please join us during the regatta and get to know these skippers and their unique boats. The Mercury fits somewhere between a hard chined Snipe and a Cal 20. They are sailed by two, there are some husband and wife teams, and they use a whisker pole down wind. A 680 lb. keel makes sailing a little easier and leaves enough energy for post race activities. If you would like to volunteer or just hang out please join us. *Learn more about the class at [mercury-sail.com](http://mercury-sail.com)*

*Eric Conn*

# the bay clogger

## (junior sailing)

Hello ABYC members! The Junior Summer Sailing Program has started and we are excited to have one of the best and most fun summers ever. We have nearly 130 students enrolled this summer including a sabot/laser/420 racing team of over 70 students! We will once again have an international coaching staff including a few familiar names and many new ones too. Here is a brief introduction to each of our 2008 summer instructors...

**Brad Schaupeter (Program Director)** - Brad has been the director of the ABYC Junior Sailing Program for four years and has been coaching/directing junior sailing programs in Michigan and California for the past ten years. He is originally from Grosse Pointe, MI and graduated from Indiana University in 2002. Brad spends much of his free time as a musician and singer/songwriter for his band "The Silent Partner" ([www.thesilentpartner.com](http://www.thesilentpartner.com)) touring around the country. Currently he is working on the follow up to his debut album "Fall Away" which was awarded "L.A. Music Awards Independent Rock Album of the Year" and hopes to release the new album this fall.

**Sarah Ryan (Assistant Program Director - Head C3 Race Coach)** - This is Sarah's fourth year coaching and her first year as assistant junior sailing director. She is currently in her fourth year of college at Biola University; and in the fall will be studying abroad for a semester in London, England. She is a Liberal Studies major with an emphasis in elementary education, and minor's in both Bible and world history. She has grown up sailing in Alamitos Bay and was the ABF woman's champion for three years. She is active within the Lido 14 fleet with her younger brother Mark.

**Conor Byrne (Morning & Afternoon Laser Race Coach)** - Conor will be joining us for his second year and the third year as part of an international ABYC staff. Conor is from Dublin, Ireland and was the youth ISAF representative for Ireland at Busan, South Korea in 2005 among many other accomplishments which also include being the Irish Junior National Laser Champion in 2005 and being ranked 1<sup>st</sup> nationally in Optimists in 2000. He currently is the sailing captain at the University College of Dublin. The MacLean family will be hosting Conor at their house this summer.

**Andrea Savage (Intermediate Sabots & 420 Race Coach)** - A two-time Women's All American from College of Charleston, Andrea is originally from the same home town of Grosse Pointe, MI as program director Brad Schaupeter. She will be joining us for her first summer at ABYC (4th year coaching) and will be the inaugural coach for our brand new 420 program. She is a fourth year coach and was one of 11 Sailing World Top Junior selected by Gary Jobson. She will be staying with Mark and Jennifer Golison and their three daughters for the summer.

**Chuck Ullman (Morning Race Coach & Head A & B Race Coach)** - Freshly graduated from St. Mary's College in Maryland where he won the national collegiate championship, Chuck is returning for his second year at ABYC. He is a graduate of the Balboa Yacht Club program and has coached at Balboa, Bahia Corinthian and San Francisco Yacht Club. Chuck will be working with our morning extended racing group and the A and B racers in the afternoon alongside several other clinicians.

**Pat Curran (A Race Coach second half of program)** - Pat will be joining us for half of the summer and trading off with Chuck as part of the A/B coaching team. He grew up sailing in Toms River, New Jersey where he was coached by the familiar clinician favorite, Adam Deermount. He went on to win Optimists Nationals twice and was selected for a total of five World, European, and South American teams in the Optimist. He also placed 4th in Byte Worlds, 4th in Laser Radial North Americans, 2nd in Radial Nationals, and won the Smythe Single-handed US National Championship. He has just graduated from University of Pennsylvania in Material Sciences and Engineering and hopes to design and engineer new types of sails one day as a career.

**Mark Gaudio (B Race Coach)** - A staple of Southern California sailing and a local guru in the Sabot, Cal 20 and Lido 14, Mark Gaudio typically works only as a clinician but has agreed to start our B class off for the first two weeks and get the gears running. He has won and placed in an uncountable number of championships in Naples Sabots as a junior and senior as well as in the Cal 20's and Lido 14's.

**Ian Paice (B Race Coach)** - Ian will be filling in the gaps this summer for our B sailors and offering his local expertise while continuing the instruction that Mark has passed along. He has sailed competitively in Lasers, FJs, Sabots, and has become an avid keel boat sailor in recent years. Ian will be a senior this coming fall in the Poly PACE program.

**Andrew Mason (B coach)** - Andrew is a graduate of the Newport Harbor Yacht Club program where he is a top notch sabot and 420 sailor. He will be joining us for his third year and working with the sabot racers in the afternoon. His high school team recently competed in the fleet racing and team racing nationals.



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**Bradley Schoch (Head Beginner Sabot & C1 Race Coach)** - Bradley Schoch started sailing at HHYC in 2000. He was the director for HHYC in 2005 and joined ABYC staff in 2006. Bradley is a 22-year-old attending Cal State Monterey Bay, where he is on the Varsity Sailing Team which qualified for PPCs this year. He is majoring in Information Technology and Communication Design (web Design). Brad's accomplishments include HHYC Jr. Commodore, Huntington Harbor Fleet Champion in N. Sabots and CFJs.

**Kate Dillon (Intermediate Sabots & C2 Race Coach)** - Also from Ireland, this will be Kate's first year at ABYC. She is studying Commerce at University College of Dublin and is in her second year of studies. She grew up sailing Optimists & Toppers (their equivalent of sabots), Mirrors & 420's (double handed boats). She is very excited for the warm weather and the California sunshine! She is staying with Jim & Lisa McInerney and their children this summer.

**Akemi Leung (Sea Urchins, Intro to Sailing & C3 Race Coach)** - Akemi Leung has been a volunteer instructor with the ABYC Jr. Sailing Program for three summers, in addition to having participated in the program herself. She is the recipient of the Francis Dixon Nason Sportsmanship Trophy and the Alamitos Bay Fleet Special Sportsmanship Award. Akemi maintains focused violin studies at the Colburn School in Los Angeles where she receives a merit scholarship from the Ahmanson Foundation. With the Colburn Honors String Quartet, she has performed multiple times on live radio and debuted at Carnegie Hall. She is also a part of a neurobiological and biomedical engineering team from USC and NYU studying angular velocity between chamber musicians. Akemi is currently an honors student at the Polytechnic School in Pasadena.

**Russell Olson (Beginner Sabot Coach)** - Russell will be attending Cal State Long Beach in the fall and will be an integral part of our year round staff. In his free time, he enjoys surfing and watching sunsets on the beach. He will be one of our first "official" graduates from the ABYC sailing program as he is 18 and will sail his last summer this year.

**Jessica Kephart (C3 Race Coach)** - Jessica has coached at Coronado Yacht Club and will be joining us for the first time this summer. She is currently attending Cal State Long Beach in hopes of being an architect when she graduates. She and Russell Olson may be the ones to start a college racing team at CSULB next year!

**Alex Vaught (Intermediate Sabot Coach)** - Alex or more affectionately referred to as "Cubby" has been sailing at ABYC for four years and will be returning for his third summer coaching. He grew up sailing sabots and moved on to a few different boats but has found his calling in the Laser. He has competed in the 2006 Laser Radial Worlds, the 2007 Orange Bowl Regatta in Miami, FL, and has recently been accepted to sail in the US Youth Championships.

**Laura Newton (Beginner Sabot Coach)** - A familiar name to many around the club, our junior board vice commodore will be joining us as a morning instructor for her second summer. She is currently sailing with Samantha Gebb in the ABYC 420 program.

**Cameron Summers (Morning Laser Coach)** - Cameron originally sailed out of Huntington Harbor Yacht Club and eventually transferred over to the ABYC laser program where he has grown into a truly talented laser sailor winning Junior Olympics and representing Area J for the National Smythe single-handed competition. He continues to excel in lasers and is moving on to three man boats to gain experience in match racing. He graduated high school this year and will be attending OCC in the fall. He will also be graduating out of our junior program after this summer.

**Max Nickbarg (Intro to Sailing & Morning Laser Coach)** - Max is part of our international staff and lives most of the year in the Virgin Islands. He has had many astounding sailing accomplishments including many strong finishes at Orange Bowl, Junior Olympics, and National and World Competitions. This is his second summer sailing with us and his first summer coaching. The Vaught family is housing Max this summer.

## memorial day regatta a junior perspective

The traditional Memorial Day Regatta has been a great turnout this year. Despite the weather, most everyone who registered showed up. One of our frequent sabot racers, John Merrill, wasn't able to sail the regatta because of his first ever restriction. Although he didn't sail, we would like to thank John for helping on the inside race committee boat. The competition was rough, but there was a clear winner in Sabot C2, John McInerney, won with a net score of 4 points with the closest score behind him of 11. Also, kudos to J.P. Barnes, from San Diego, for winning the Sabot A fleet with a close call of Korbin Kirk, from Long Beach, one point behind him. In an outside fleet, congratulations to Bob Anderson and Scott Kramer for winning the Portsmouth fleet with 12 points. Right behind them with a score of 13, Jack Jorgensen and Derek Smith were the only ones sailing 420. The breeze ended up coming, but we weren't on the water long enough to get it. The last race of the day, boats were merely drifting toward the finish line. That's when the real competition came out. J.P. almost lost his overall first because boats were drifting up to him. Overall the weekend was a success and hopefully next year the weather can be sunnier.

Marissa Golison

# lauren bussey

## So you thought Lauren Bussey was tough

Last March 29 th, my 60 th birthday, I received this message.  
Hello JAB, I wanted to let every one know of something that happened to Lauren Bussey in Maui this past week She and Laura took surfing lessons and after the session Lauren complained of back pain. To make a long story short she is in Maui Memorial Medical Center with a diagnosis of a extremely rare spinal cord injury known as Surfers Myelopathy which is non-traumatic spinal cord injury caused by a hyper extension of the mid to low back, which makes for lots of swelling in the spinal canal, but no breaks in the spinal column. There are only about 30 people in the last 15 years who have been diagnosed with this. Around 80% recover. Laura is coming home tonight. Lauren is still not stable and from what Laura says still can't move her legs. We got permission from Tammy to let her friends know. Please keep her in your thoughts & prayers.

*Tom Newton*

Lauren, a tough and vibrant 16 year old was stricken down on March 26. This is the girl who capsized in a race in the bay when she was about 12 or 13. I was on the water as went the help her. I asked if she needed help, but knowing that she would be disqualified if I did, she waved me off. I hung around to make sure she was safe. She had to swim to retrieve her rudder and reattach it to the boat full of water. She then bailed the boat until she could crawl back in the stern. A few times Lauren seemed that she was running out of gas but she prevailed. Once in the boat she was able to get the boat moving and bail while heading for the leeward mark. By this time most of the competitors were finished but Lauren continued. I followed her around the leeward mark and to the finish line where she received an ovation from the finishing committee. I have only seen this kind of determination two or three in a young person.

Oh yeah, we do have up dates to this tragic story. 4/2 Lauren leaves ICU to a hospital room. On 4/10 she is moved to Craig Hospital in Denver, Colorado. At Craig Lauren went through 2 weeks of testing and evaluation. On 4/21 she was moved from Acute Care to Rehabilitation section of the Hospital and on 4/24 a complete evaluation and course of therapy. Worst case she would be in a wheelchair the rest of her life but that was not for Lauren. For the next two months Lauren worked 6 to 8 hours a day through extreme pain and difficult therapy. Enduring the drugs and their side effects. By May 9 th, Lauren as seen in the picture is on crutches, no chair for her. Her recovery included tutors to keep up with school and will have to take some summer school classes.

The prognosis is very good. I saw Lauren at the kick off dinner for the summer program and she was on crutches walking up the stairs at the club. I am told that she is walking on her own but for short periods of time. She gets tired. This from the Toughest Lady I Know. Keep it up Lauren, you go girl.

*Jon Robinson*



## independent juniors rights & privileges

**The rights and privileges of an Independent Junior member are very limited.**

As stated in the club bylaws "Only the Independent Junior Member is entitled to the rights and privileges of the Membership; no other member of the family of an Independent Junior Member is entitled to those rights and privileges. Junior Members shall have all the rights and privileges accorded to Regular Members, except they may not vote, hold office, extend guest privileges or have any rights under Article XVI hereof, but may be appointed to committees or serve as Junior Rear Commodore. This is what is stated in the bylaws of our yacht club. It means that Junior parents or guests have no parking privileges or charging privileges on a Junior's account. Junior parents can purchase food and drink from the Galley or dinning room with cash and are highly encouraged to do so. Many of the parents of Independent Junior Members are not aware of these rules and may feel that since they are paying for not only the membership dues but also the Junior Member's account that they are entitled to use that account and the member privileges. We have a solution. We would happily extend an invitation to those Junior Member's parents to join ABYC as a regular member with all of the rights, privileges and fun that are accorded by ABYC. I hear many times that "I do not sail so I would not use the club". If your child likes to sail there must be something there. Join as a member and learn how to sail, It is a great family sport particularly in small boats like Lido 14's for example. I will be more than happy to sponsor any of our Junior Member's parents as regular members. Come see me.

*Jon Robinson*





*Dan DeLave presents a burgee to Ian Sammis and his daughter Gabrielle at the last membership meeting*

We are always looking for Volunteers to help with regattas, Officer of the Day Duty and special events. If you are interested you can contact me at [DDeLave@aol.com](mailto:DDeLave@aol.com). Take a look at the calendar so you can decide what you would like to do. This is the best way for new members to get to know others at the club.

Adopt a Beach Program is looking for another coordinator. Barbara Gabriel has done a great job and now needs someone to take over the task. Barbara is willing to guide the next person with what to do. This is the kind of event that gets you "IN". We have been contacted by some Peninsula Residents that would also like to participate, so it is not just a Yacht Club concern.

*Dan DeLave*

## abyc summer cruise

Annual ABYC Summer Family Cruise is the first weekend in August – bring your family!

Let's get back to the island, summer is calling and it's only "26 miles across the sea".

Time again for ABYC members to block off a summer weekend to invade Catalina for a spirited getaway from the freeways and not so free ways of the mainland we call home.

This year we head back to the west end arriving Friday afternoon August 1<sup>st</sup> returning on Sunday August 3<sup>rd</sup>. Club members with larger sail or power boats are invited to join the fun (or you can book the Catalina Express and stay at the Banning House Lodge) and share a couple of days of camaraderie during this wonderful time of the year when it is so sunny and hot that a jump into the sparkling cove waters and a refreshing sip of some soothing libation provides the ultimate refreshment!

For 2008 we are putting more emphasis on a family theme and encourage ABYC members of all ages to join in. There are always a handful of ABYC Plebes present, and we are hoping to grow this aspect of the gathering by encouraging a larger family participation this year. There will be a treasure hunt on the island for the kids (that will coincide nicely with the traditional Saturday afternoon adult "open boat" rip roaring raft up) and we are going to come up with other events to make this a fun weekend for the under 21 crowd too.

The price is \$60 for adults and \$30 for kids 12 and under if you make your reservations with the ABYC club office by July 15<sup>th</sup>. This includes dinners on the shore for both Friday and Saturday night. So arrive Friday afternoon for beach games at 4pm then we roll into the island theme appetizer contest and happy hour with a burger bash for dinner. Saturday noon the progressive cocktail party and treasure hunt commence culminating in the "island drink" happy hour and island barbeque.

If you would like to attend, volunteer to help and/or need more information please contact:

Event Chairman Mary Montz – [mjmontz@aol.com](mailto:mjmontz@aol.com) 714.846.4926

Or Board Liaison Jeff Merrill – [jeff.merrill@nordhavn.com](mailto:jeff.merrill@nordhavn.com) 949.355.4950

Moorings are not included (and are first come first served – stay at the Isthmus, Cherry or Fourth of July Cove...you need to make sure your dinghy works and there's always the shore boat).

Please make your plans today, we need YOU to make this weekend all the more memorable and we promise that by the end of the weekend your entire family will understand why many have learned to say "Isthmus be the place"!

*Mary Montz event chairman and Jeff Merrill board liaison*

Dave Leuck of San Diego's Mission Bay YC also took a single-digit victory by winning the last Laser Radial race to leapfrog San Diego YC's Matt Morris for the trophy.

Even closer was young Elle Merrill's tiebreaker edge over Steven Hopkins in Sabot-B that she seized by winning the last race.

For complete results and photos: [www.abyc.org](http://www.abyc.org)

Rich Roberts, [richsail@earthlink.net](mailto:richsail@earthlink.net)



Stu Robertson makes a winning leap from a Lido 14 to a Thistle



A mix of classes converge at the leeward gate



The 505 fleet parades downwind in light air that marked the two-day regatta in Long Beach



Mark Ryan waits for a start



Terry Johnson sets the whisker pole as Walter steers their Cal 20

# men's day 2008

Nancy Grubbs photos

**M**en's Day 2008 found 28 sailors competing for room at the keg and the opportunity to be ABYC's first Biathlete King. The stakes were high between the tight racing of the radio controlled Nirvana II boats and the Sabot fleets. The weather was hot and sticky which made drinking too much beer a challenge. Robin Townsend and her team ran expert racing for the Sabots, while Sandy Toscan and her crew ran formal races for the radio controlled boats.

Although it was record heat in Long Beach – the competition was hotter especially to get to the patio for refreshments between races. Overall there were 8 flights of radio controlled boats and three Sabot races. Results are below. Our first Biathlete King is Kevin Kirk! How did he get to be King? Kevin won the Silver flight (Men weighing between 180 – 200 pounds) and had an average finish of 2 points in the Nirvana II class. Congratulations Kevin.

Results: Gold Fleet (Men 200+ pounds)

1. Jeff McDermaid 4 points
2. Ross Nemeroff 5 points
3. Rob Rice 11 points

Bronze Fleet (Men <179 pounds)

1. Mark Gaudio 3 points
2. Lee Berlinger 9 points
3. Mark Ryan 11 points

Silver Fleet (Men 180 – 199 pounds)

1. Kevin Kirk 3 points
2. Brian Brown 7 points
3. Jerry Thompson 8 points

RC Boats

1. Don Shirley 1 (average points)
2. Jerry Thompson 1.5 points
3. Dan DeLave 2 points

A special Thank You to all the volunteers – your time and energy are much appreciated!

Jennifer Kuritz



Men's Day participants



Latham Bell working hard (or hardly working)



Racing toward the beer boat



Nirvanas ready to launch

## New Sabot racks are now in service!

After months of planning, designing and building I am proud to announce that an incredible volunteer team spent the weekend of May 17 and 18 installing our new sabot racks. A gigantic THANK YOU to all of you who helped over the weekend and in the preceding months, this project was a true club effort and I would guess well over 100 members participated in this extraordinary accomplishment. The full story will be published in next months Sou'Wester, but if you own a sabot that is stored at ABYC please be aware:

1. A new space map and rack assignments are posted inside the glass case outside of the office.
2. Your sabot will have a new ABYC sticker affixed on the stern (sabots slide in bow first now!)
3. Each new space is identified with a laminated yard tag listing Name, Space and Sticker number
4. All spars and loose items left on the wooden racks have been tagged with the rack number we found gear on and positioned in the far east yard along the fence.
5. This "impound fence" will be cleared out by July 20th and items will be donated to the junior program or destroyed.
6. PLEASE come down to the club and check on your sabot and see how the racks work. You'll have to develop a slightly different technique for putting on your cover and clearing your leeboard handle on the slide in and out – but I will be happy to show you some of the tricks we have learned to make this easier. Our volunteers took great care to be gentle and conscientious in the transition and I encourage you to check that all of your equipment is accounted for at your earliest opportunity.

Please contact me directly if you have any questions about the sabot racks or sabot gear-

Jeff Merrill – 949.355.4950 [jeff.merrill@nordhavn.com](mailto:jeff.merrill@nordhavn.com)



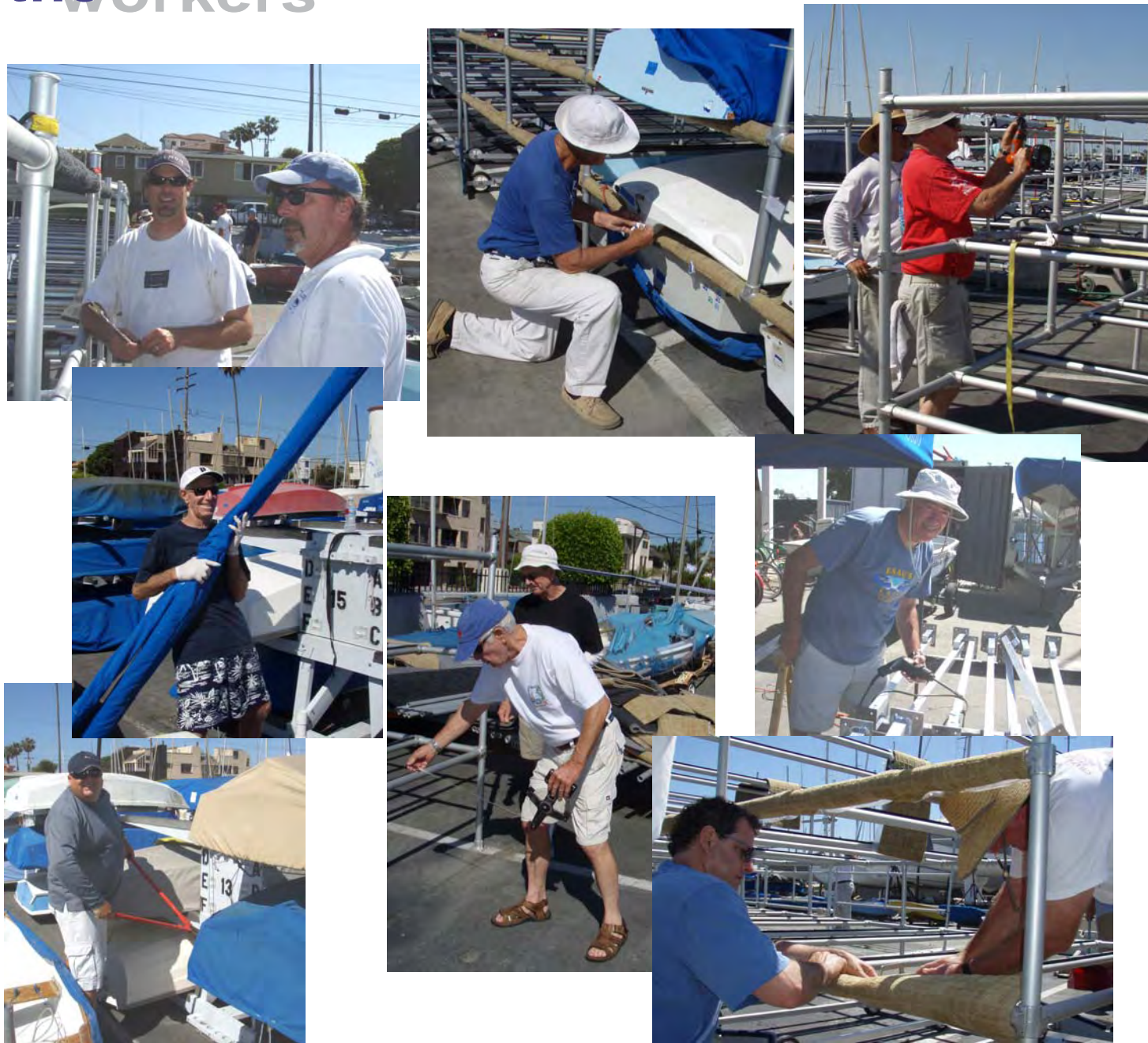
*Please claim your spars and loose items from the east yard*



*Laminated tags indicate new spaces*

## the workers





## mellocruise

The weekend of June 13, 14 & 15 worked for a laid back Catalina cruise for eleven ABYC boats, skippers, 1st mates, friends and a brand new puppy. The Isthmus was the destination and “kicked back” or “Mello” was the theme. Friday a cocktail party was held aboard “Hot Flash”, bring a small hors d’oeuvre, choice of beverage, glasses, ice and mix provided by the host boat. The group then adjourned to The Harbor Reef for dinner, (there is something good about going ashore for dinner). Some stayed and danced, others went back to their boat.

Saturday the schedule was the same, except the host boat was “Westward”, and following the cocktail party it was ashore again to The Harbor Reef for another fabulous dinner.

The restaurant gave us incredible service and our waitress both nights could not have been better and the Manager was terrific and worked with us to seat eighteen on Friday and twenty-three on Saturday.

The ABYC folks who joined in were: Scott Atwood, Kimberly Atwood, Lisa Lebold; Dana and Sam Bell, Pam and Tracy Conn; Martyn Bookwalter and daughter Tessa; Norma and Dan Clapp; Bobbie and Don Hodges; Jane and Pat Kelly and “Picasso”, Melanie and Tim Carter along with 3 long time I-14 friends. Others were: Pat McCormick and Mary Ellen; Yvonne and Cole Price; Barbara and Dave Rustigan; Don Shirley and Qing (Ching) Sun and daughter Runxin, Georgene and Bob Anderson. A casual “Mello”Cruise Mark II.

*Norma Clapp*

# long beach race week

Rich Roberts photos  
underthesunphotos.com  
Ron Wood photo boat captain

Full story next month



## hails from the fleets



**A**nd the Oscar goes to...Lee Berlinger of ABYC who won the Senior Masters division at the Sabot Nationals held in Newport Harbor June 7 and 8. I interviewed Lee who commented that "The weather was moderate and there were a lot of windward-leeward courses sailed." Who would have guessed that a lanky, quiet guy who always has a smile and a kind word for everyone would knock their socks off in the competition to finish 1<sup>st</sup> overall. No slouch our Lee!!!!

### Grand Masters (7 boats)

Mary Riddick (2<sup>nd</sup>)

### Masters (11 boats)

Lee Berlinger (1<sup>st</sup>)  
Freddie Stephens Sr. (2<sup>nd</sup>)  
Jerry Thompson (5<sup>th</sup>)  
Mandi Smith (6<sup>th</sup>)  
Nancy Grubbs (11<sup>th</sup>)

### Seniors (12 boats)

Freddie Stephens (3<sup>rd</sup>)  
Kevin Dumain (5<sup>th</sup>)

A great showing by the ABYC crowd both in participation and on the water performance.

The fleet champion sail off continues on a monthly basis with the lead being tossed back and forth with one more Sunday to go. The winners of the 3rd series sailed on June 22nd were- Bob Ware 1<sup>st</sup>, Robin Townsend 2<sup>nd</sup> and Mary Riddick 3<sup>rd</sup>. Not sure who is ahead in the overall at this point, but it is a closely contested series to determine the fleet champ of 2008 or who wins the most chocolate candy bars.

Imagine a scorching hot weekend with shifty winds oscillating towards the south and the order of the days was to *Just Bring Your Sunscreen, bang the corners of the course, and keep that little boat moving forward.* The evening brought balmy weather and we tucked into a Lasagna dinner served up by Jesus who performs his magic month after



...continued next page

# hails from the fleets

month...the table set and the wine breathing...wonderful! We retired early, bruised and tired, as many had also participated or were volunteers the day before for Men's Day. (all captured in another article)....what a weekend!!!

Have you gotten wind of the ongoing events for the summer? Twilights is a great way to pad over those nerve endings on a Thursday night and the 4<sup>th</sup> of July Regatta is just around the corner. We are always looking for volunteers on the water so don't hesitate to put your hand up to help. Summer evenings in the bay...slowly the hectic day unfolds...serenity, calm, a soothing way to end the day....call Jennifer Kuritz and she will sign you up...see you there!!!

*Robin Townsend*

## L<sup>14</sup>

**T**he Rockin 'N' Rolling Lido Fleet Like the title suggest, your local Lido fleet is rocking 'N' rolling this summer. So far, we're seeing

sixteen Lido teams showing up for Lido Twilights! Yeah, you heard me right. We're going to need a bigger bay! If you haven't been down for our Wednesday night Twilights, you're missing out. I highly encourage you to come on down every week and enjoy the great weather we're getting. The first start is around 6:30PM.

A big congrats goes out to long time fleet member Sam Bell for winning the May Lido Twilights! Stay tune for June's results. Currently, Sarah/Matt Ryan are in first with Brad Schaupteter/Sophie in second followed by Paul Makielski and his son.

Mark and Sarah Ryan are planning a Lido clinic for anybody who is interested. It'll be on Sunday, July 6th at the club. It's an all day event and it'll only cost you twenty bucks. Come on down and get some inside tips on how to make you Lido go!

Sarah is also planning on a Jr. Lido Twilight Night this summer, too. Yeah, you read it right. She's interested in getting kids from the club into Lido's. No, she's not crazy. The idea is that the Jr. sailors skipper the Lido's while an older, more experienced sailor crews for them. This can be either the owner of the boat or one of the sabot instructors at the club. But we'll need your help. At press, the date is July 7, 21, or 28th. If you're interested in helping out, call us up!

The Lido fleet is in charge of running the Multi Hull Regatta on July 26 and 27th. From what I've heard, volunteers are really needed. Call Tracy Conn if you can help out {even for only one day} . It'll be much appreciated.

If you can't get enough Lido news, join our e-mail list. All you need to do is contact our fleet captain: Don Taugher.

Don't forget, Lido 14 Galactic World Championships are August 18th-20th. They're up in the Eugene, Oregon area. Don't miss out!

Mark Ryan, Fleet/District Secretary



**T**he ABYC Nirvana fleet had a good turnout for their first invitation to Men's Day, June 21, and would like to thank all the ladies for a great day of sailing. Special thanks to Jennifer Kurtz for organizing the day and to

Sandy Toscan for trying to manage the Nirvana racers. (Sort of like herding cats). Sandy sorted out the scoring with her usual acumen and the Nirvana owners and many of the Sabot sailors who took their turns at the helm for the hotly contested ABYC Biathlon award had a great time. The heat was wilting on the Nirvana launching ramp, but the beer was cold and flowing, and the racing was tight.

Friday evening racin' in the basin continues every Friday until dark. Bring your boats down for racing and happy hour upstairs. The newest Nirvana Number is #89 under the partnership of Isabel Lounsberry and Mark Townsend, skippered this weekend by Steve Kurtz. His unhappy servo was switched out for a new one in a matter of minutes, and the boat raced the whole day.

Fleet Captain Dan DeLave is still ordering boats and parts, and he and Don Shirley can help with boat repairs or advice. Beat the heat, and come racing on Friday evenings!

*Don Shirley, Fleet Scribe*



**F**ulfilling their responsibility as an ABYC Fleet, members and friends of the **Laser** Fleet hosted the Memorial Day Regatta May 24-25. The **Laser** Fleet thanks the forty nine volunteers - the majority **not Laser** sailors - who gave up a day or two of their Holiday weekend to put on a successful event. We especially wish to recognize our Regatta Chairman,; **Jorge Suarez**, our PRO's, **Stacy Jackson & Marc Schryer**, Head Scorers, **Sharon Pearson & Bobbie Peterson**, as well as stalwart scoring pro, **Jim Morford**. We enjoyed help from groups - too numerous to enumerate here - of Juniors as well as a good turn out from our **Laser** Masters to help ensure marks where in their proper place and racing proceeded with minimal delay.

The racers enjoyed two days of mixed conditions resulting in numerous "Daily First" awards at trophy-time, indicating conditions where right for some racers in at least one race during the weekend. The Race Committee started eleven classes Saturday and ten on Sunday with nary a hitch or General Recall.

My thanks to all our talented volunteers on behalf of the ABYC **Laser** Fleet...we could not have done it without you!

ABYC **Laser** Fleet Volunteers Wanted (AGAIN)

Summer 2008 places extra demands on our fleet members and friends, as ABYC and our **Laser** Fleet host the U.S. **Laser** National Championship Regatta August 7-10.

Please contact **Chuck Tripp, Vann Wilson** or **Steve Smith** to offer your services for the Nationals...Many Thanks to All!

*Steven Smith, ABYC **Laser** Fleet Captain*



# Alamitos Bay Yacht Club

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## long beach race week photos

*Rich Roberts photos  
underthesunphotos.com  
Ron Wood photo boat captain*



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# ABYC Summer Family Cruise 2008

August 1, 2 and 3

The Isthmus at Catalina Island

Please make your reservations with the ABYC Office  
562-434-9955 before July 15th.

